

Activity 1**Button Sort**

People used to save stray buttons and actually have jars full, in case a replacement was required. Perhaps there is a sewing box in the house that has some loose buttons. If not, the dollar stores have small bags full.

Scatter a handful of buttons on a placemat at the table, and assist with picking buttons that are the same colour. Then sort the buttons that have 4 holes, then the ones with 2 holes. Imagine what the buttons would be used for. Count the number of buttons on your shirt, pants, jacket etc.

As useful as buttons are, it is one of the most challenging tasks to perform for those with some medical conditions.



Activity 2 Remembrance Day

The poppy has been the symbol of Remembrance Day. Learn the history of poppies and commemorations on Remembrance Day, Veteran's Day, and Anzac Day, when we pause to remember those who have lost their lives in war.

<http://www.poppytime.com>



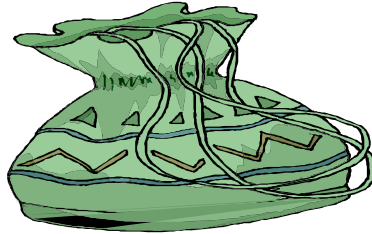
You can make your own poppy to wear as a dedication to those who fought for their country. The following site will give you directions on what to do.

<http://education.scholastic.co.uk/resources/4457>



Activity 3

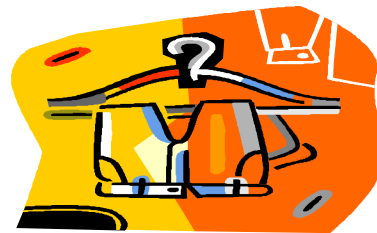
What's in the Bag?



This activity can be done using items that you have around the house. Get a bag or a purse and fill it with different items such as: clothespin, sock, paintbrush, spoon, sandpaper, hairbrush, golf ball, pinecone, pen, sponge etc. Have each person take turns and feel what is in the bag. See how many items each person can name.

Activity 4

Hangers



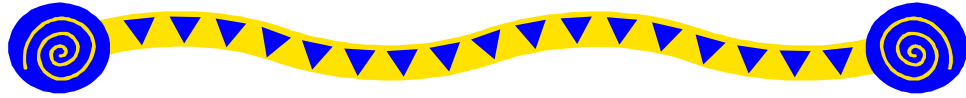
One common household article that has changed over the years is the hanger. Go to the closet and take out a few different styles of hangers. Is there a wire one, wooden one, one that has a crocheted covering on it? Is there a clip hanger for pants or skirts? How about a satin covered hanger?

This site will describe the differences and you can even print off pictures of ones that you may not have in the closet. This will positively promote a discussion about hanging clothing and accessories.

http://retail.about.com/od/storeoperations/tp/hanger_types.htm

Activity 5

Stringing For the Birds



Many households have a ball of string or twine in a drawer. Use some breakfast cereals to string up a chain to put outdoors for the birds to feed on. Try cheerios, fruit loops, honey combs or even popcorn. Of course as you are making a chain for the birds, you can have some fun by eating some of the cereal yourself.

Use this activity to talk about the kinds of cereal that you enjoy, or used to eat as a child. Perhaps your tastes have changed over the years. For a comprehensive list of cereal types, check this site.

http://en.wikipedia.org/wiki/List_of_breakfast_cereals



Activity 6

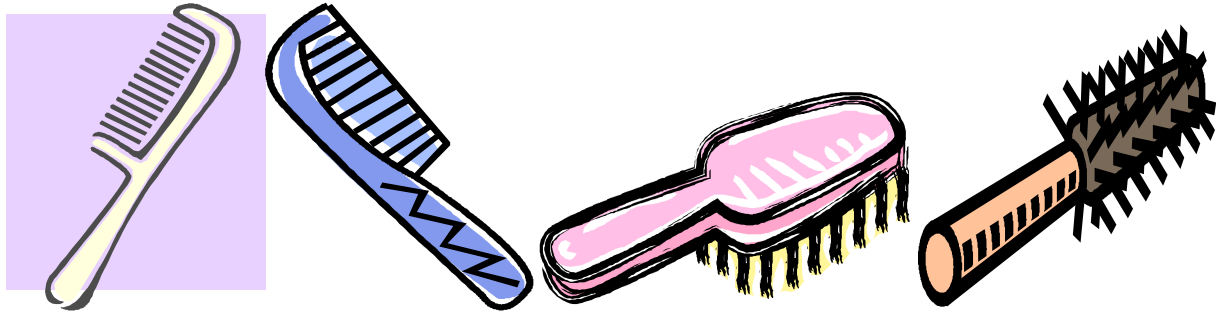
Pet Therapy

Animals have a way of connecting to people in the most astounding manner. Perhaps there is a pet that lives in the neighborhood that you could arrange a visit with. Make sure that the animal has had all their vaccinations and that everyone is receptive to the idea. Petting an animal can reduce stress and relax an individual with Alzheimer's disease. This could become a weekly activity with a neighbor or youngster in your area.



Activity 7

Clean your Brushes and Combs



When was the last time you cleaned your comb or hair brush? This is something we use daily but tend to forget about keeping clean. Gather all the combs and brushes around the house. Don't forget to check pockets.

Put all of the combs and brushes into a large basin or a small pail, and cover with hot water. Pour baking soda over the items until they are saturated with the white powder. Let them sit for a few hours. Pour off the water and take a towel to pull out the hair inside the brushes. Use an old toothbrush to spread over the combs and remove some of the dirt. Rinse well.

Activity 8

Our Family Tree



You will need a clay plot filled with soil, construction paper of different colours, ribbon, scissors, a marker, paper punch, and a small branch from the yard. Place the branch tightly into the pot and cover bottom portion with soil. Draw various styles of leaves and cut out. Paper punch and put ribbon through the hole. Write the names of family members on a leaf, and attach to the branch. Use as a centerpiece, or keep in the hallway near the front door. You could also print some pictures of family members to add to the names on the leaves, for added recognition.