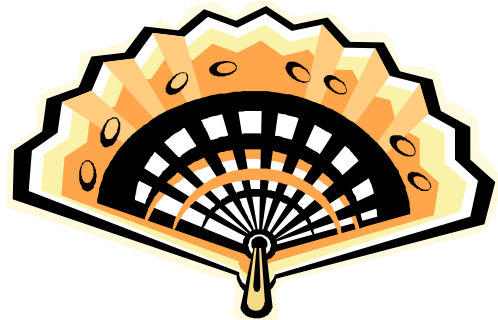


Activity 1 Make a Fruit Salad

Summertime is all about freshness, and at this time of year the fresh fruit is bountiful. Gather some fruits of the season: watermelon, cantaloupe, peaches, berries etc. and cut up the pieces together to share. Make it a little more fun by adding a dollop of whipped topping, and then put a piece of fruit on top of that.



Activity 2 Fancy Fans

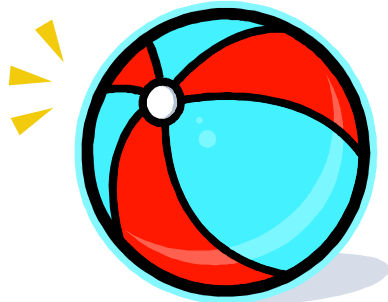


In order to cool off on a scorching summer day, many people used to carry hand fans. This was portable, easy and usually very decorative. Make your own fan to keep on hand when you need quick relief from the heat. The following site will guide you through the process.

http://www.ehow.com/way_5641117_diy-inexpensive-handheld-paper-fans.html

Activity 3 Kick the Ball

Enjoy the outdoors with this activity. It can be played by a small group of people or just two. Sit in a circle, and gently begin to kick the ball around. If a youngster is playing this game, they could be the designated runner, in case the ball needs to be retrieved. This simple activity encourages stimulation of the mind and motor skills. Besides, it's a lot of fun!



Activity 4 Ramadan – Islamic Month of Fasting

Ramadan is a special month of the year for over one billion Muslims throughout the world. It is a time for inner reflection, devotion to God, and self-control. Muslims think of it as a kind of tune-up for their spiritual lives. Learn why Muslims fast during the daylight hours through this holy month, as well as other customs and traditions.

<http://en.wikipedia.org/wiki/Ramadan>

There are even some Ramadan pictures to colour on the following site.

<http://holidays.net/ramadan/pix.htm>



Activity 5 Clean the Windows

The warm summer rains can leave a buildup of dirt on the outside of the windows. Make this a family project, and get out the vinegar/water spray bottle, to make them sparkle again. Cleaning the inside windows, is just as important to make them shine from both sides. Make sure that someone who has a ladder and can reach them with a squeegee, cleans the upper windows.

This site can give you some tips for creating streak free, clean windows.

<http://www.articlejoe.com/Article/7-Window-Cleaning-Tips-For-That-Special-Sparkle/1350>



Activity 6 Go to an Outdoor Band Concert



Many communities host summer band concerts, where you can sit on a park bench, or bring along a lawn chair. Check your local listings for locations and times. Summer band concerts are a fabulous way to connect memories and songs with family and friends.

Activity 7 Patio Lanterns



Sitting outside on a warm evening sharing conversation, a few snacks, some music, and of course some summertime atmosphere, is what patio lanterns are all about. Before you begin to create your own lantern design, you will need a few strings of plain white twinkle lights. Share the experience of creating this project together, by checking the details from the following site.

<http://www.microsoft.com/canada/home/memories-and-crafts/articles/illuminate-your-backyard-with-patio-lanterns.aspx>



Activity 8

Collecting Stamps



When it's too hot outside, something relaxing to do inside on a summer day is to look at stamps from the past. Previous generations were very familiar with mailing cards and letters, and paying for postage, to Canada Post. Check the following site for a history of stamps in Canada, and print off some of the stamps that are featured. Do you know what the current cost is to mail a letter in Canada?

http://en.wikipedia.org/wiki/Postage_stamps_and_postal_history_of_Canada

Activity 9

Watch the Sunset



You don't have to be near a beach or lake to enjoy a sunset, just go for a drive prior to the time in your area. Why not stop for an ice cream cone and watch the sunset, and talk about times shared during sunsets. Check this site for sunrise and sunset times in your area.

<http://www.calendar-updates.com/sun.asp>

Activity 10

What's Happening on the Farm?



There is an important saying: "If you ate a meal today, thank a farmer!" The world of farming is crucial for the survival of all humans. Perhaps you grew up on a farm. Talk about what life was like living on a farm: the jobs that must be performed, the animals, injuries, and routines. This site will be a platform for more discussion and interesting facts.

<http://www.saskschools.ca/~gregory/sask/farm2.html> Click onto the Farm Index link for information about types of crops, machinery, weather, and animals.